

For queries and complaints: please contact: customercare@lifelongonline.com www.lifelongindiaonline.com



# **EMS FOOT MASSAGER**

**User Manual** 



Built for Relaxation. Built for India.

# **INTRODUCTION:**

Dear Customer,

Congratulations!

We welcome you to the world of Lifelong, as you welcome our Lifelong EMS Foot Massager (LLM927) in your life.

At Lifelong, our products are carefully built for your day-to-day needs, which is why we have crafted a range of products for your pleasure. We then deliver them at the best rates and offer the best experience.

We know you can't wait to use your new Lifelong EMS Foot Massager (LLM927). Looking forward to building our bond for life, cheers!

Thank you for choosing us, Lifelong Built For India



LLM927

### **TABLE OF CONTENTS:**

- 1. About the EMS Foot Massager
- 2. Operating the EMS Foot Massager
- 3. Using the EMS Foot Massager
- 4. Precautions to Use the EMS Foot Massager
- 5. Terms & Conditions
- 6. Warranty Card

# **1. ABOUT THE EMS FOOT MASSAGER:**

This electric foot massager provides utmost relaxation for your sore, tired feet. It employs soothing heat and mild vibrations to ease tension, improve circulation, and revitalize your feet. The massager makes use of EMS technology, which stimulates muscles using electrical impulses. This technique aids in promoting blood flow, stimulating muscle contractions, and relieving stress and pain in the muscles.





Suggest one time per day. Automatic turn off about 20 Seconds later if DO NOT attach to your feet.

### KNOW YOUR FMS FOOT MASSAGER LOW FREQUENCY TREATMENT BY RHYTHM AND IMPETUS

• The low frequency uses special electricity with regular rhythm to start or stop the massager. With suitable power and speed, you can feel the rhythm and soft pressure on the feet and body. The low frequency is the same as the massage effect like pressure and percussion by human hand.

# **CHOOSE FROM 8 MODES:**

- Choose from 8 modes for simple operation.
- The power turns off automatically after 20 minutes, even if you forget to turn off the power.

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#### Foot Mat



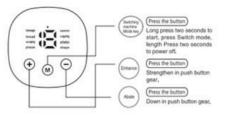
#### Including:

1\* Main Device 1\* User Manual 1\* Foot Mat 1. USB Charging Cable

1\* Remote Control

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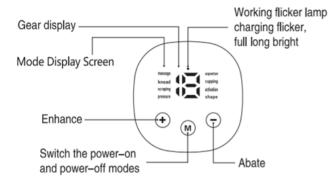
# 2. ABOUT THE EMS FOOT MASSAGER:



- Long press the Mode button for two seconds to start and press the switch mode. Press it again for two seconds to turn off the power button.
- Press the Enhance button to increase the pressure of the foot massager.
- Press the Abate button to reduce the pressure of the foot massager.

### 3. USING THE EMS FOOT MASSAGER:

- Long press the Mode button for two seconds to start and press the switch mode. Press it again for two seconds to turn off the power button.
- Press the Enhance button to increase the pressure of the foot massager.
- Press the Abate button to reduce the pressure of the foot massager.



- For massage, the intensity mode will be switched on automatically.
- The device automatically shuts off after 15 minutes.
- Use the massager maximum once a day.
- Lowering the intensity can prolong the battery life. The usage time of the battery can be shortened by adjusting the intensity.
- The battery performance remains low if the temperature is low, and the usage is lesser than the reference number.
- Place the massager on a floor mat
- The product automatically shuts down within 10 seconds when it is turned on without touching the conductor.
- When using the product, place your bare feet on the mat at the same time, so that the product works normally, else it will shut down automatically after 10 seconds.
- The controller can only work after being powered with much effort; else the controller automatically shuts down after 10 seconds.

- Do not leave the foot pad while the product is in use.
- One stage of the product lasts for 20 minutes.
- The red light turns on when the product is getting charged and off when it is fully charged. (It generally takes 30 minutes to get fully charged).
- Use the massager barefoot without even socks.
- The floor mats cannot be washed.
- Do not use the device while it is getting charged.

## **4.PRECAUTIONS TO USE EMS FOOT MASSAGER**

- Anyone using a pacemaker or automatically implanted cardiac defibrillator.
- The massager should not be used by pregnant women.
- Anyone suffering from deep vein thrombosis should avoid using the device.
- Anyone with high blood pressure or a heart disease should refrain from using the massager.
- Do not use the massager on chest, shoulders, their surrounding parts, wounds, eyes, mouth, private parts, or spine.
- The EMS unit should never be used to mask or relieve undiagnosed pain. Before treating any symptoms of pain, consult your physician. For safe and correct use, it is recommended that you read the following guide before using it.
- Use low intensity and a shorter duration to introduce the muscles and avoid stimulation.
- Keep the massager out of reach of children and pets.
- The product is not waterproof. Make sure no water is spilled on it or it is not washed in water.
- Do not use the massager if there is a sprain or wound in the feet, soles, ankles, achiles and calves.
- Use the product only for physical therapy.

- Only use the accessories supplied with the floor mat.
- Do not use the device in places with high humidity such as the washroom.
- Do not overload the electrical outlet.
- If the device malfunctions, disconnect it from the power source and contact customer services. Do not attempt to repair the device yourself as doing so will invalidate the warranty.
- Do not let the device meet any metal object, such as belt buckle or jewellery.

P.S. Use the massager only as directed. This is not a medical device.

### Warning:

- 1. Keep the massager away from children or people who cannot operate the product themselves.
- 2. Do not use the massager if the fabric cover is torn or missing.
- 3. Do not cover the massager while using it, as it can result in the heating up of the motor and subsequent breakdown or fire.
- 4. Do not stand or sit on the massager.
- 5. Use the parts given only by the manufacturer.
- 6. Do not insert or keep any object in the opening of the product.
- 7. Do not use the massager while sleeping or vice versa.
- 8. Do not use this product as a medical device.
- 9. Avoid using the massager if you are intoxicated or unwell.
- 10. Use the massager an hour before or after eating.
- 11. Remember to turn off the massager after 30 minutes maximum
- 12. Refrain from using the massager if water is spilled on it.
- 13. If you feel any abnormal discomfort while using the massager, consult your doctor.
- 14. Do not use the massager if you experience malfunctioning in it.
- 15. Avoid using the product during a power failure or lightening.

#### Terms and Conditions:

1. This warranty is void if:

- a. The completely filled warranty card is not presented at the time of servicing the product.
- b. The product is not operated according to the instructions given under the user manual.
- c. Damages are caused by lightning, abnormal voltage, water or other liquid intrusion, fire, flood, accident, negligence or improper handling.
- d. Product has been damaged due to installation, epairs, alterations or modifications by unauthorized service organizations or persons.
- Product label specifying the model number, serial number and production code has been removed and altered.
- f. Defects or parts requiring replacement due to ordinary wear and tear, corrosion, rust or stains, scratches, dents on the casing or paintwork of the product.
- g. Claims damaged and/or missing parts (accessories) after 7 days from the original date of goods received.
- h. Defects or faults in product which have been used for commercial/industrial purposes or which have been rented/leased or have been otherwise subject to non-household/non-domestic use.
- 2. Repairs or replacements will be carried out by authorized service provider.
- 3. During the limited warranty period, Lifelong or its authorized service provider will repair without charge the defective unit inclusive of labor and parts and restore the unit to its optimum working condition. All defective parts used for the warranty repair should be surrendered to Lifelong and/or its authorised servicer.
- All expenses incurred in collecting the unit (s) or part(s) thereof from authorised service provider as will as any other expenses and incidentals will be borne by the consumer.

- 5. Lifelong obligations are limited to the repair and replacement of the defective product. Except as set forth above, there are no other express or implied warranty and all warrantied, conditions or other terms implied by statute or common law (including any warranty of satisfactory quality, merchantability or fitness for a particular purpose) are excluded to the fullest extent permitted by the lass.
- 6. Lifelong total liability for damages relating to or arising out of the purchase or use of the product regardless of the type or cause of such damage of the form of characterization of the claim asserted (e.g. contract or tort) shall not exceed the original purchase price paid for the product.
- 7. However in no event shall Lifelong and Lifelong authorized distributors be liable for any punifive, special incidental, indirect or consequential losses or damages whatsoever (including without limitation, damages for the loss of revenue, business, profits, goodwill, or contracts, business interruptions, loss of business information or any other pecuniary loss.) Whether or not Lifelong has been advised of the possibility of such damages. These limitations shall apply not with standing the failure of the essential purpose of any limited warranty. This limited warranty does not affect consumer's statutory rights under the law.
- No carrier, dealer or employee is thereof authorized to make modifications to this warranty and you should not reply on any such representation. Lifelong reserves the right to amend the terms and conditions if necessary.

#### **Consumer Warranty Card**

#### Dear Customer,

Thank you for choosing a Lifelong consumer product. All Lifelong Consumer products are designed and manufactured to the highest standards to deliver high quality performance, as well as easy installation and use. At Lifelong, we believe in providing not only service, but adding value to your purchase. The warranty has therefore been designed especially for you with your interest at heart.

#### Warranty Service

All Lifelong consumer products are covered against manufacturing defects from them date of purchase.

Name of the product:

Model:

Warranty coverage: 1 year

Please note: Purchase receipt is necessary for warranty verification. Customer Care: customercare@lifelongonline.com

#### **Customer Details**

Name:	
Address:	
Home Number:	
Office Number:	
E-mail Address:	

#### **Product Details**

Model No.:	
Serial No.:	
Purchase Date:	
Invoice Number:	
Online Site:	

Please log on to www.lifelongindiaonline.com and complete the online warranty form with your personal and product details within 14 days.