

Manufactured for & Marketed by :
Lifelong Online Retail Private Limited

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please contact: customercare@lifelongonline.com
www.lifelongindiaonline.com

lifelong

WIRELESS GUN MASSAGER WITH HOT AND COLD HEADS

User Manual



Built for Relaxation. Built for India.

INTRODUCTION:

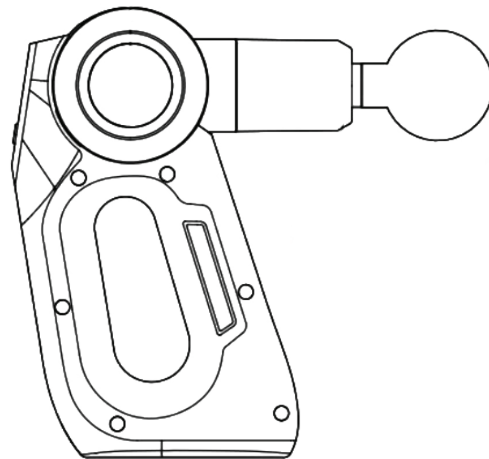
Dear Customer,

Congratulations! We welcome you to the Lifelong family, as you welcome our Lifelong Precision multi-angle massager to be a part of your home.

At Lifelong, our products are carefully built for the needs of India, which is why we have crafted a diverse range of innovative products, across a spectrum of categories -Home, Kitchen, Grooming, Fitness, Lifestyle, and Smart Home, to better help you. We then deliver them at the best prices, enriching your everyday living. We are sure you can't wait to start using your new Lifelong Precision multi-angle massager. We know we can't!

Looking forward to building our bond for life, cheers!

Thank you, Team Lifelong



LLGM81

TABLE OF CONTENTS:

1. About the Product
2. Package Contents
3. Product Marking and Overview
4. Massage Heads
5. Types of Uses
6. Operation Instructions
7. Charging Instructions
8. Maintenance & Care
9. Product Specifications
10. Speed Frequency
11. Dos and Don'ts
12. Terms & Conditions
13. Warranty Card

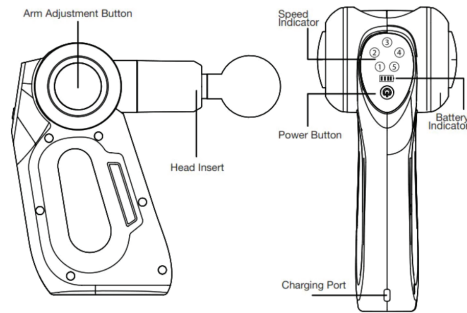
ABOUT THE PRODUCT:

Lifelong Precision multi-angle massager is a practical handheld massager that can relieve the body's soreness through deep and powerful muscle massage. It restores the body tissue, promotes muscle repair, and enhances the blood flow with five signature speed adjustments. It includes four ergonomic massage heads that cater to every muscle group for a comfortable and effective massage experience.

PACKAGE CONTENTS:

- Massager
- Charger
- Seven Massage Heads: Round, Precision, Dual, Flat, Absorber, Heating and Cold.
- Manual
- Case

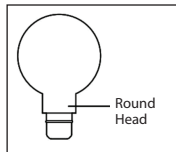
PRODUCT MARKING AND OVERVIEW:



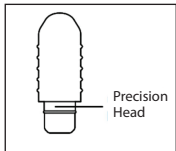
Product Overview:

- Relieves the body's sore and aching muscles through deep muscle massage.
- Restores the body tissue, promotes muscle repair, and enhances blood flow.
- Battery and speed indicators.
- Ergonomically designed handle can easily be adjusted for a comfortable experience.

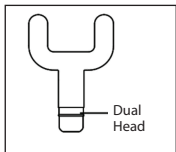
MASSAGE HEADS:



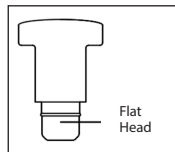
Round Head: Arm, waist, hip, thigh, calf, and other large muscle groups.



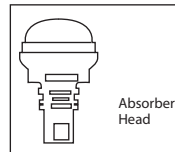
Precision: Deep tissue such as joints, palms, and plantar.



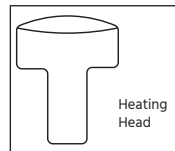
Dual: Relaxes and shapes various muscle parts.



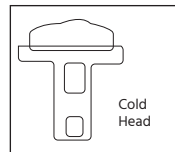
Flat Head: Neck, spine, and Achilles tendon.



Absorber Head: This massage head helps to massage your bones and sensitive spine.



Heating Head: Heat function with up to 55° for 47 % more effective treatment.



Cold Head: The Cooling Head can help with acute joint complaints, because it has an anti-inflammatory and decongestant effect.

TYPES OF USES:

- Pre-workout warm
- Post-workout recovery
- Sore muscle relief
- Better blood circulation
- Athletic performance
- Joint pain relief
- Myofascial release
- Trigger point massage
- Relaxation

OPERATION INSTRUCTIONS:

- Select the massage head you would like to use and insert it in the round hole in front of the massager.
- Press and hold the ON button to turn the massager ON, it will start at the lowest speed.
- To increase the speed of the massager, press the power button.
- Each press on the button will increase the frequency of your message up to level 5 max.
- Press the power button again to stop the massager and go into standby mode.
- Press and hold the power button for 3 seconds to turn the massager OFF.

Adjusting the Massage Angle

- Turn the massager off before adjusting the arm angle.

- Press and hold the arm adjustment button, adjust the massage arm to the desired position and release the button.
- There are three angle adjustment options 0°, 45° and 90°.

CHARGING INSTRUCTIONS:

- The battery should be fully charged prior to use.
- To charge the battery, plug in the USB C cable into the charging port and the other end into a USB power source
- When the unit is charging, the battery indicator will flash
- When the battery is fully charged, the battery indicator will light up
- The average running time of the massager is 120-360 minutes depending on speed and pressure levels.

MAINTENANCE AND CARE:

- To keep this device in its pristine condition, wipe its surface with a slightly damp towel and dry it with a soft cloth.
- Keep the device away from liquids and heat.

PRODUCT SPECIFICATIONS:

- Battery Type: Lithium Ion Battery
- Battery Capacity: 11.1 V, 2000mAh/22.2Wh
- No-load speed: 1800-3200 rpm/min
- Stroke length: 6.5-8.0 mm
- Charging Time: 180 min
- Working Time: 360 min
- Input: DC 5V/2A

SPEED FREQUENCY:

- 1st speed – 26Hz – 1800 rpm
- 2nd speed – 33Hz – 2000 rpm
- 3rd speed – 40Hz – 2400 rpm
- 4th speed – 46Hz – 2800 rpm
- 5th speed – 53Hz – 3200 rpm

DOS AND DON'TS:

To reduce the risk of electric shock, fire and injury follow these instructions carefully:

1. This device is recommended for use by adults only.
2. Do not use the massager directly on the surface of your skin. To avoid injury, the massaged area should be covered by clean clothes or a dry towel.
3. Gently press and move the massager; do not massage the same part of the body for more than 60 seconds.
4. Use high speed on soft body tissue only. Do not use high speed and pressure on the head, bones, and joints.
5. Always choose the right massage head for the respective body part.
6. Frequent use of high pressure may cause abrasions. If you experience pain or discomfort stop using the massager immediately.
7. The massager should not be submerged in water.
8. Do not open, take apart or modify the massager.
9. Do not charge or leave the device ON unattended.

Terms and Conditions:

1. This warranty is void if:
 - a. The completely filled warranty card is not presented at the time of servicing the product.
 - b. The product is not operated according to the instructions given under the user manual.
 - c. Damages are caused by lightning, abnormal voltage, water or other liquid intrusion, fire, flood, accident, negligence or improper handling.
 - d. Product has been damaged due to installation, repairs, alterations or modifications by unauthorized service organizations or persons.
 - e. Product label specifying the model number, serial number and production code has been removed and altered.
 - f. Defects or parts requiring replacement due to ordinary wear and tear, corrosion, rust or stains, scratches, dents on the casing or paintwork of the product.
 - g. Claims damaged and/or missing parts (accessories) after 7 days from the original date of goods received.
 - h. Defects or faults in product which have been used for commercial/industrial purposes or which have been rented/leased or have been otherwise subject to non-household/non-domestic use.
2. Repairs or replacements will be carried out by authorized service provider.
3. During the limited warranty period, Lifelong or its authorized service provider will repair without charge the defective unit inclusive of labor and parts and restore the unit to its optimum working condition. All defective parts used for the warranty repair should be surrendered to Lifelong and/or its authorised servicer.
4. All expenses incurred in collecting the unit (s) or part(s) thereof from authorised service provider as well as any other expenses and incidentals will be borne by the consumer.
5. Lifelong obligations are limited to the repair and replacement of the defective product. Except as set forth above, there are no other express or implied warranty and all warranted, conditions or other terms implied by statute or common law (including any warranty of satisfactory quality, merchantability or fitness for a particular purpose) are excluded to the fullest extent permitted by the law.
6. Lifelong total liability for damages relating to or arising out of the purchase or use of the product regardless of the type or cause of such damage of the form of characterization of the claim asserted (e.g. contract or tort) shall not exceed the original purchase price paid for the product.
7. However in no event shall Lifelong and Lifelong authorized distributors be liable for any punitive, special incidental, indirect or consequential losses or damages whatsoever (including without limitation, damages for the loss of revenue, business, profits, goodwill, or contracts, business interruptions, loss of business information or any other pecuniary loss.) Whether or not Lifelong has been advised of the possibility of such damages. These limitations shall apply not with standing the failure of the essential purpose of any limited warranty. This limited warranty does not affect consumer's statutory rights under the law.
8. No carrier, dealer or employee is thereof authorized to make modifications to this warranty and you should not rely on any such representation. Lifelong reserves the right to amend the terms and conditions if necessary.

Consumer Warranty Card

Dear Customer,
Thank you for choosing a Lifelong consumer product. All Lifelong Consumer products are designed and manufactured to the highest standards to deliver high quality performance, as well as easy installation and use. At Lifelong, we believe in providing not only service, but adding value to your purchase. The warranty has therefore been designed especially for you with your interest at heart.

Warranty Service

All Lifelong consumer products are covered against manufacturing defects from them date of purchase.
Name of the product: _____
Model: _____
Warranty coverage: 1 year

Please note: Purchase receipt is necessary for warranty verification.
Customer Care: customercare@lifelongonline.com

Customer Details

Name: _____
Address: _____
Home Number: _____
Office Number: _____
E-mail Address: _____

Product Details

Model No.: _____
Serial No.: _____
Purchase Date: _____
Invoice Number: _____
Online Site: _____

Please log on to www.lifelongindiaonline.com and complete the online warranty form with your personal and product details within 14 days.