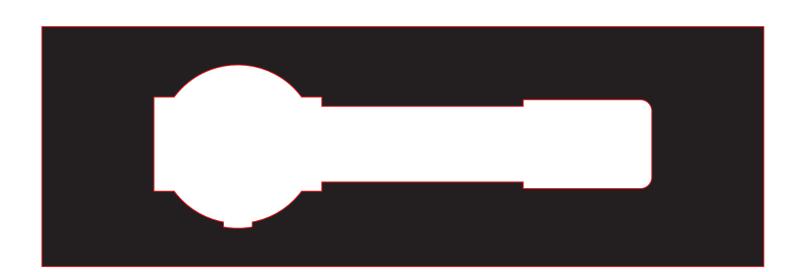
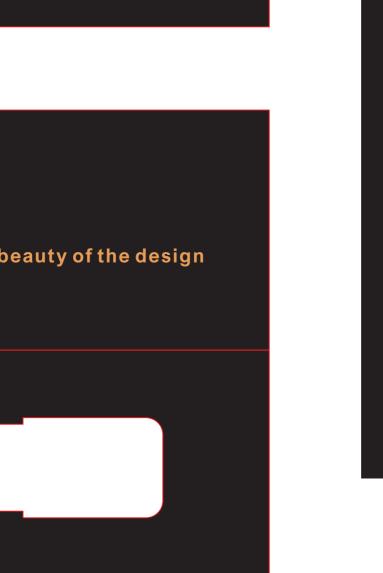
EVA贴纸正面 EVA棉

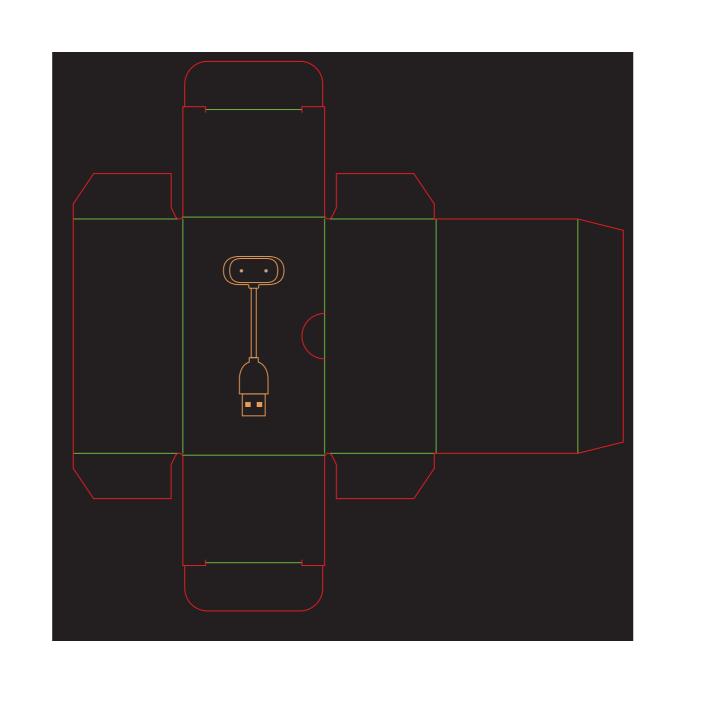






EVA贴纸反面







135*62MM



手表与手机的连接

2.使用手机扫描右侧二维码,也可在应用商店搜索"Wearfit Pro"进行下载并安装。 3.在APP内打开扫一扫,扫描手表上的二维码进行匹配连接;或直接在APP内手动 4.通过APP微信内打开扫一扫,扫描手表上的二维码,确认SN号

2、在表盘页短按进入菜单,短按返回表盘;

手表操作说明 一、按键定义 1、长按2秒开关机;

3、熄屏时短按点亮屏幕; 4、其余页面短按返回表盘页。 二、表盘页触摸手势: 1、快捷卡片:表盘页右滑出现,点按物理按键或点击左滑返回。 2、智能组件:表盘页左滑进入智能组件,系统预设3个组件,点击最右端"添加组件"可增加组件,最 多增加5个,长按组件进入"删除组件"页面。 3、表盘切换:在表盘页长按屏幕,出现表盘选择,选择相应表盘后返回主表盘页。注:系统预设6个表

盘页,最后一个表盘命名为"自定义表盘页"。

6、当手表来消息通知时,会弹出信息详情,右滑或按物理按键返回表盘。

注意:自定义表盘页在APP端没选取表盘的情况下不显示缩略图不能被选为主表盘;APP端选取了 表盘后才会显示缩略图,即可选为主表盘。 4、快捷菜单:在表盘页下滑出现,上滑返回。 5、消息通知:在表盘页上滑出现,下滑或右滑返回。

功能介绍

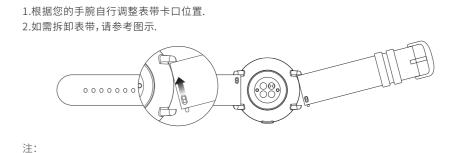
ー ー	JRビノ1 約				
() 运动记录	记录当天的运动数据,包括:卡路里、活动时间、活动次数、步数及距离。	¥ 钱包	与手机支付宝、微信、Paypa	al绑定后可i	进行二维
医眼	检测每天晚上您的睡眠状况。	社交名片	通过APP上传个人社交二维码,直接通过手表方便添加好充 社交平台有:微信、QQ、抖音、Facebook、WhatsApp、Twitt		
∿± ૐ	将手表贴紧手腕,最佳佩戴位置在手腕骨靠手臂上方,可测出实时的心率值,一般 人正常值为60-90次/分。手表记录最近7次测量记录,并记录最高值和最低值。	○ 秒表	手表支持秒表计时。	音乐控制	连接 APP
!	将手表贴紧手腕,最佳佩戴位置在手腕骨靠手臂上方,可测量出血压,手表记录 最近7次测量记录。	计时器	手表秒变计时器。	天气	连接 APP
△ 2 血氧	将手表贴紧手腕,最佳佩戴位置在手腕骨靠手臂上方,可测出血氧值,手表记录 最近7次测量记录,并记录最高值和最低值。	查找手机	连接手机后可通过手表查找手机	计算器	手表min
<u>清</u>]	预设15项常见专业运动模式,包括:室内跑步、户外跑步、室内骑行、户外跑步、健走、足球、羽毛球、网球、篮球、椭圆机、徒步、瑜伽、力量训练、爬山、自由运动	相照	手表实现梅脱功能,将日常所有运动量转换为梅脱值在手表以 记录一周的运动能量代谢当量,形成可视化图标,让用户清楚了		
三	呼吸训练能快速放松自己、缓解压力以及能快速给身体补充氧气的方式。提供 三种频率选择:缓慢、正常、稍快;呼吸时间选择:1~5min。	设置	包含亮度设置、熔屏时常、抬腕亮屏、勿扰模式、声音与震动语言切换、连接手机、密码、关于手表、重启、恢复出厂、关机。		
(V)	手表支持持续的压力监控,监控用户 24 小时的压力变化,运用科学的健康算法 将压力用图标显示出来,让用户随时可调整自己的状态。压力范围显示:1-29 放於:20-59 正常:60-79 中等:80-99 優惠。				

手表充电

本产品为磁吸式充电,请使用标配的充电底座进行充电。将充电口对准、贴合充电底座的金属触点, 直到手表屏幕出现充电电量指示。

注意:
1、请勿在潮湿有水的环境下充电;
2、请确保手表本体和磁吸充电线上的金属触点没有脏污或腐蚀;
3、请定期用干净的绒布清洁手表背面和磁吸充电线上的金属触点。确保手表和磁吸充电线的触点充分接触以保证正常充电;
4、本产品不配备电源适配器,为了保证家人及财产安全,在充电时,可以使用电脑USB接口或选用输出不超过5/=1/4的电源适配器。请通过正规渠道购买电源适配器,社绝使用低质、伪劣的电源适配器,避免引起爆裂或起火。

拆卸表带



1.安装完表带后,请适当拉拽表带,确保表带安装成功。

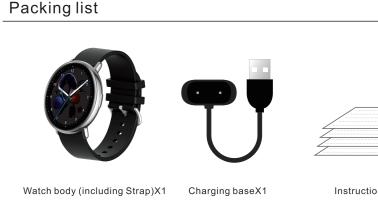
注意事项 1、本产品的测量结果仅供参考,不作为任何医疗用途及依据。请遵从医生指导,切不可依此测量结果自我诊断及治疗. 2、本产品防水等级为IP 68,本产品不防热水,因为水蒸气会对手环造成影响。 3、本公司保留不作任何通知的情况下,对本说明书内容进行修改的权利,恕不另行通知。部分功能在对应的软件版本中有区别,为正常情况.

基本参数 产品名称:M30智能手表 屏幕尺寸:1.35inch AMOLED 机身材质:锌合金+IML注塑工艺

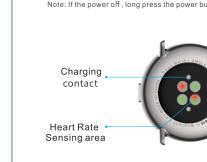
机身尺寸:42.5*10.75MM 表带材质:液态硅胶 蓝 牙:Bluetooth5.2 电池容量:200mAh 内 存:128MB

M30 Smart Watch

Product Manual



Know Your Watch





The connection between a watch and a cell phone 1. Long press the power button to start the machine.
2. Use Your phone to scan the Qr Code on the right, or search the APP store for "Wearfit Pro" to download and install. 3. Open and scan within the APP to scan the Qr Code on the watch for matching wearfit Proconnections, or manually search for device connections within the APP. 4.Through the APP wechat open a scan, scan the Qr Code on the watch, confirm the SN number



 Long Press 2 seconds switch machine;
 Short press enter menu on dial page, Short Press Return Dial; 3. Turn off the screen briefly to light up the screen 4. Short press the rest of the page to return to the dial page.

DIAL PAGE TOUCH GESTURE: 1. FLASH CARDS: The dial page appears by Swiping right, clicking the physical button or clicking left swiping back. 2, SMART COMPONENTS: The dial left slide into smart components, system default 3 com ponents, click the right-most "add components" can add components, up to 5, long press components into the "delete components" page.

3. Dial switch: Long Press the screen on the dial, the dial selection appears, select the appropriate dial and return to the main dial page. Note: The System Default 6 dial pages, the last dial named "custom dial page. ". Note: The custom dial page can not be selected as the main dial if the APP does not select the dial; the APP can select the main dial by selecting the dial before displaying

4. Shortcut Menu: slide down the dial and back up. 5. Message Notification: A slider appears on the dial, slides down or right slides back. When the watch comes with a message notification, the message details pop up, right swipe or press the physical button to return to the dial.

Function description

the thumbnail.

Record daily exercise data, including steps, distance, calories, activity times, and activity times whater two-dimensional code collection Monitor your sleep every night. The best place to wear the watch is above the wrist bone. The real-lime heart rate can be measured. The normal value is 60-90 beats per minute. The watch rate of the last 7 measurements and records the highest and lowest values.

Stopwatch

The Watch supports stopwatch timing.

The Watch supports stopwatch timing.

The Watch supports stopwatch timing. The best place to wear the watch is above the wrist bone. It can measure the Blood pressure.

The watch changes the timer in seconds.

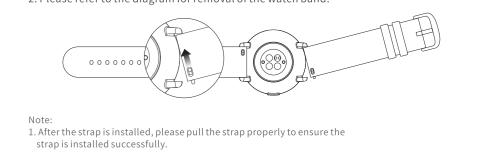
The watch changes the timer in weather. Weather weather.

Watch charging

This product is magnetic suction type charge, please use the standard charging base for charging. Align and attach the charging port to the metal contact of the charging base until the charging amount is indicated on the watch screen.



Remove the strap 1. Adjust the clip position of the watch band according to your wrist. 2. Please refer to the diagram for removal of the watch band.



Points to note 1. The measurement result of this product is for reference only, not for any medical use and basis. Please follow your doctor's instructions. Do not self-diagnose and treat yourself based on this measurement.
2. This product is Ip 68 waterproof, this product is not hot water, because steam will affect the bracelet.

3. The company reserves the right to amend the contents of this manual without prior notice. Part, the function in the corresponding software version has the difference, for the normal situation.

Basic parameter Product name: M30 smartwatch

Screen Size: 1.35 inch AMOLED

Body material: zinc alloy IML injection molding process

Battery capacity: 200mAh

Device requirements: Android 5.0 or iOS 10.0 and above

Body Size: 42.5 x 10.75 mm

Strap material: Liquid Silicone
Bluetooth: Bluetooth: 5.2

MEMORY: 128MB

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