## ومملعهنا

# ELECTRIC HANDHELD MASSAGER

**User Manual** 



Built for Relaxation. Built for India.

#### Manufactured for & Marketed by : Lifelong Online Retail Private Limited

For queries and complaints: please contact: customercare@lifelongindia.com www.lifelongindiaonline.com

### **INTRODUCTION:**

Dear Customer,

Congratulations! We welcome you to the Lifelong family, as you welcome our Lifelong Electric Handheld Full Body Massager to be a part of your home.

At Lifelong, our products are carefully built for the needs of India, which is why we have crafted a diverse range of innovative products, across a spectrum of categories - Home, Kitchen, Grooming, Fitness, Lifestyle and Smart Home, to better help you. We then deliver them at the best prices, enriching your everyday living.

We are sure you can't wait to start using your new Lifelong Electric Handheld Full Body Massager.

We know we can't!

Looking forward to building our bond for life, cheers!

Thank you,

Team Lifelong



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### **ABOUT THE PRODUCT:**

The Lifelong Electric Handheld Full Body Massager is a rejuvenating device that gives you great value for money. The massager kneads and relaxes your muscles, letting the days worries melt away.

#### **PRODUCT MARKING:**



Roller massage head: Helps to massage specific points for deeper relaxation.

Wavy massage head: Helps in deep tissue massage which improves blood circulation.

Frosting or Micro Filer massage head: Helps to provide decompression and relax muscles.

Flat Head: Helps in muscle toning, face & abdomen.

Mesh Cover: Prevents tangling of skin hair while massaging.

#### **FEATURES:**

- Portable and Lightweight.
- 5 Incremental speed dial adjustment.
- High speed with RPM of 2500.
- · Comfortable soft rubber hand grip.
- 4 Attachments for different needs and 1 Mesh Cover.
- Relaxes and relives pains in muscles and joints.

#### **OPERATION:**

#### A. Insert / Change Attachments:

- 1. Remove mesh cover. (Fig 1)
- 2. Press both concaves on base of the rotating head and lift existing attachment up. (Fig 2)

Snap in another attachment cap and attach mesh cover if needed.

- 3.. Connect the plug to a wall electrical outlet.
- 4. Switch power dial clockwise to turn "ON" the device and continue in the same direction to speed up. To slow down, turn dial counter clockwise.
- 5. There are two effective ways to grip the device for maximum comfort.
- Grip by the centre part of the product. (Fig 3)
- Grip by the handle. (Fig 4)
- 6. After usage, switch the power dial counter clockwise until it cannot turn anymore to turn "OFF" the device, then remove plug from the electrical outlet.









#### B. How to use

- Step 1: Put the plug into the socket.
- **Step 2:** Choose between the massage head options (rolling, scraping, wave) depending on your personal preference.
- Step 3: Turn the round knob on the device to turn it on as set massage speed.
- **Step 4:** Guide the device to the area of the body to be massaged. You can stand, sit or lie down and use the massager.
- **Step 5:** Glide the speed knob and adjust the speed as per your requirement.
- **Step 6:** Use on a particular area only for 15 minutes and then switch to another.
- **Step 7:** Unplug the device and let it cool down after use. Keep the device dry.

#### **USES:**







Shoulder
Relieve tension and
stress on your
shoulder and back



Abs Slim and Sculpt



Hips Shape and tone



Thighs
Slenderize your
thighs and relieve



Calves Relax tired and aching muscles



Remove calluses and dry skin

#### **MAINTENANCE:**

- 1. Always unplug the unit if not in use.
- 2. Do not immerse or use the product in water.
- 3. Do not lift the device by holding the power cord.
- 4. Clean, wipe the machine with a soft cloth and natural detergent only.

#### **CAUTION:**

- 1. Do not use the device if you are pregnant or suffering from heart problems or any physical injuries and consult your physician if you are unsure.
- 2. Only use the device one hour after meals.
- 3. Keep away from children.
- 4. Do not use the device on the same area of body for more than 15 minutes at a time.
- 5. Do not use the product on your head.
- 6. Do not use the device in an environment that exceeds 37 degrees C or 100 degrees F.
- 7. If the mesh cover is torn or the attachment cap is severely damaged, please replace immediately by contacting our customer care.
- 8. If the user experiences dizziness, nausea, chest pain, or any other abnormal symptoms, stop the workout at once. Consult a physician immediately.

#### **WARNING:**

- Mesh cover can only be used with the Wavy or Flat attachment caps. Do not use mesh cover when roller or filing caps are attached.
- Do not use the machine without mesh cover on areas of your body where hair can be entangled with the device (i.e., neck or shoulder, etc.)

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#### Terms and Conditions:

- 1. This warranty is void if:
- a. The completely filled warranty card is not presented at the time of servicing the product.
- b. The product is not operated according to the instructions given under the user manual.
- c. Damages are caused by lightning, abnormal voltage, water or other liquid intrusion, fire, flood, accident, negligence or improper handling.
- d. Product has been damaged due to installation. epairs, alterations or modifications by unauthorized service organizations or persons.
- e. Product label specifying the model number, serial number and production code has been removed and altered.
- f. Defects or parts requiring replacement due to ordinary wear and tear, corrosion, rust or stains. scratches, dents on the casing or paintwork of the product.
- g. Claims damaged and/or missing parts (accessories) after 7 days from the original date of goods received.
- h. Defects or faults in product which have been used for commercial/industrial purposes or which have been rented/leased or have been otherwise subject to non-household/non-domestic use.
- 2. Repairs or replacements will be carried out by authorized service provider.
- 3. During the limited warranty period, Lifelong or its authorized service provider will repair without charge the defective unit inclusive of labor and parts and restore the unit to its optimum working condition. All defective parts used for the warranty repair should be surrendered to Lifelong and/or its authorised servicer.
- 4. All expenses incurred in collecting the unit (s) or part(s) thereof from authorised service provider as will as any other expenses and incidentals will be borne by the consumer.

- 5. Lifelong obligations are limited to the repair and replacement of the defective product. Except as set forth above, there are no other express or implied warranty and all warrantied, conditions or other terms implied by statute or common law (including any warranty of satisfactory quality, merchantability or fitness for a particular purpose) are excluded to the fullest extent permitted by the lass.
- 6. Lifelong total liability for damages relating to or arising out of the purchase or use of the product regardless of the type or cause of such damage of the form of characterization of the claim asserted (e.g. contract or tort) shall not exceed the original purchase price paid for the product.
- 7. However in no event shall Lifelong and Lifelong authorized distributors be liable for any punitive, special incidental, indirect or consequential losses or damages whatsoever (including without limitation, damages for the loss of revenue, business, profits, goodwill, or contracts, business interruptions, loss of business information or any other pecuniary loss.) Whether or not Lifelong has been advised of the possibility of such damages. These limitations shall apply not with standing the failure of the essential purpose of any limited warranty. This limited warranty does not affect consumer's statutory rights under the law.
- 8. No carrier, dealer or employee is thereof authorized to make modifications to this warranty and you should not reply on any such representation. Lifelong reserves the right to amend the terms and conditions if necessary.

#### **Consumer Warranty Card**

Dear Customer.

Thank you for choosing a Lifelong consumer product. All Lifelong Consumer pro qu pro the

products are designed and manufactured to the highest s quality performance, as well as easy installation and use. At providing not only service, but adding value to your purchas therefore been designed especially for you with your interes	Lifelong, we believe in e. The warranty has
Warranty Service All Lifelong consumer products are covered against mar them date of purchase.  Name of the product:	
Warranty coverage: 1 year	
Please note: Purchase receipt is necessary for warranty ver Customer Care: customercare@lifelongindia.com	ification.
Customer Details  Name:	
Product Details  Model No.:— Serial No.: ————————————————————————————————————	
Please log on to www.lifelongindiaonline.com and complete the onl	ine warranty form with you

personal and product details within 14 days.

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